

# Low Sec - Netball

## Video MarkUps

### Activity

Students work in teams to demonstrate their skills such as ability to receive balls with proper landing, understand various footwork, long and short passes as well as attack and defence strategies.

Through capturing video and slo-mo within the Huda Technique students will be able to annotate/highlight and reflect on the essential movements.

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### Objectives

- Students can demonstrate long and short passes, various footwork and effectively use different attack and defence strategies.
- Students can work in teams, respect each other and rules.
- Students are able to exercise sound reasoning and decision making (CIT2).
- Students can assess information and ideas with others to complete a group task (ICS1).








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### Extensions

- Teacher can create a learning journal for students to organise, reflect as well as showcase.
- Students to create tutorial on the basic gymnastic stretches, fitness movement etc.

## Have a go



- 1 Tap , sign in. Tap  enter the interface of record screen.
- 2 Tap  to choose video format (Slo-Mo, Full HD or Space saving). Tap  to record, tap again to stop.
- 3 Tap the video thumbnail on the bottom left hand. Tap  to annotate.
- 4 Tap  to voice over the video. Alternatively, tap  to insert another video side by side for comparison.
- 5 To export, tap  and share to save video to camera roll and submit to desired location for class discussion.

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